

LIVESAFE

► General Safety Tips

Here are some overall, general safety tips.

- Buckle up before you start driving. Keep your seatbelt buckled at all times.
- Ladders can lead to significant injuries — use them safely!
- Wear proper footwear to prevent slips, trips & falls.
- Keep your spaces clean and tidy.
- Avoid using cruise control in poor weather conditions.
- Stay alert and watch out for moose on our province's roadways.
- Enjoy your social events but don't drink and drive.
- Make time for healthy food choices.
- When cleaning up, be sure to read product labels carefully.
- Watch for students in school zones.
- Drive safely in challenging conditions like rain and fog.
- When walking in the evenings, be seen. Wear reflective clothing.
- When you are near schools, be aware of increased pedestrian traffic.
- Keep kids safe. Use appropriate child car seats in your vehicle.

**WORK
SAFE.
LIVE
SAFE.
BE
SAFE.**

Adapted from: www.safetyservicesnl.ca/safetytips.php